## <u>DGAC 2010</u> > <u>Nutrient Adequacy</u>

## **Systematic Review Questions:**

- Is breakfast intake associated with achieving recommended nutrient intakes? (DGAC 2010)
- What is the relationship between snacking and nutrient intake? (DGAC 2010)
- What is the relationship between eating frequency and nutrient intake? (DGAC 2010)